



I remember coming home from school one day with a really bad toothache. It hurt so much that all I wanted to do was cry. But I didn't, BECAUSE I WAS SCARED! I knew that if Mom and Dad found out that I was in pain, they would take me to the dentist for help. And just the thought of going to the dentist freaked me out!

And guess what? Not only did my dentist, Dr. Peter, fix my tooth and make me feel better, but I got to pick a treasure out of the treasure box. There were so many treasures to choose from that it took me awhile to decide. Finally, I saw the treasure I wanted: a silver yoyo!

Getting help for my toothache wasn't as scary as I thought it would be.
I JUST WISH I HAD ASKED SOONER!



Remember, everybody needs a little help once
in a while. No matter what, **IT IS ALWAYS OKAY**
TO ASK FOR HELP.

Have you ever asked for help?

